

## Warm Up:

What is the strangest food you have ever eaten?

## **Digging Deeper:**

If time allows, read John 4:1-26 to gain greater context regarding this week's passage.

Read John 4:27-30

Jesus has just concluded having a conversation with a Samaritan woman and the disciples are surprised to have observed such an interaction. What social dynamics were at play that led the disciples to question this interaction? What might be a modern-day equivalent of this scenario?

Although surprised to find Jesus talking to a Samaritan woman the disciples didn't question Jesus. What does this demonstrate about their relationship?

What stands out to you about the woman's actions following her conversation with Jesus?

Read John 4:31-38

Jesus uses an analogy of food and doing the will of God. How is doing the will of God like food to Jesus? What is Jesus trying to teach the disciples about doing the will of God?

Returning to the metaphor of harvest which we looked at last week, what new insights does this passage provide you with regarding participation in the "harvest?"

## **Next Steps:**

Read John 39-42

The testimony of the Samaritan woman was powerful in the lives of her neighbors. What encouragement does this provide you with?

How might sharing your story/testimony with others be a part of participating in the "harvest?"

What stands out to you about the people's response to the woman in verse 42?

Considering Jesus's analogy of food and doing the will of God, do you think it's God's desire for sharing our story to drain us, or nourish us?

## **Final Thoughts:**

If sharing your story or talking to non-believers about things of faith currently drains you (creates stress, anxiety, fear, etc.), take time to pray for the Lord to renew your outlook on these actions. Pray that he might provide you with joy and nourishment in being a part of the harvest.