

Warm Up

What is one household task/chore that you really don't like to do?

Digging Deeper

Read Jonah 1:1-3

What initial observations do you have about this passage?

In what way(s) might you be able to relate to Jonah?

Who is another person in the Bible that is resistant to doing the work God calls them to?

What similarities or differences do you see between Jonah and this person or people?

What other passages of scripture can you think of that speak to this idea of being sent out with a message from God for others to hear?

Why do you think Jonah believed he could "run away from the LORD" or "flee from the LORD?"

Next Steps

Share a time when you knew God was calling you to do something but you resisted or perhaps tried to "run away from God."

What is it in us that causes us to resist or run?

Jonah doesn't demonstrate a deep commitment to God's plan. Do you feel like you have a deep commitment to God's plan? Why or why not?

What practical steps can you take to continue growing deep spiritual roots, so that when God calls, you are more open to going wherever, whenever and to whomever?

What contexts (people, places, etc.) are you currently most hesitant to be called to by God? Why is this?

Final Thoughts

Take time to pray as a group for an openness to God's calling, a sensitivity to sin in our lives and growing desire to share the good news of Jesus with others.